

RETIREE LUNCHEON NOTES – MAY 2026

SICK CALL: Milton Banks, Chuck Boehnke, Bohdan Cholach, Steven David, Ted Fafinski, Bob Helmes, Sally Kent, Steve & Barbara Olchek, David Pupo, Michael & Josie Rhodes, and Otis Robinson are on our sick call list. Please keep each of them in your prayers. To **add or remove** someone from the sick call list (they must agree to be listed) email MilitaryRetireeLuncheon@gmail.com

FINAL SALUTE: *(PLEASE LEAVE A MESSAGE OF CONDOLENCE FOR THE FAMILIES OF OUR DECEASED COMRADES)*

We have no deaths to report this month. We post death notices for retired military (any branch and any component), and their immediate family (spouse, child, parent, or sibling). Please let us know if you know of any death notice that should be published by email to MilitaryRetireeLuncheon@gmail.com

IMPORTANT PHONE NUMBERS & WEBSITES FOR MILITARY RETIREES' FAMILIES AND SURVIVORS CAN BE FOUND ON PAGE 7

MILITARY FUNERAL HONOR GUARD

The Monroe County (NY) American Legion Honor Guard provides burial honors for Veterans. See flyer on page 10 for points of contact to **request a service** or to **join the Honor Guard**.

COMBAT NEWS

“Veteran Policy Put In Perspective”

Combat News is a Podcast and Open Group that is held By Vets for Vets and Special Guests. Not aligned with any political party, Focus is only Veteran issues. It provides a safe space for Veterans to voice their opinion about the issues that affect them most. It is based out of Rochester NY, but networks with all veterans from anywhere.

Website: www.Combatnews.org

Facebook: <https://www.facebook.com/CombatNewsNY>

YouTube: <https://www.youtube.com/@combatnewsny>

DEPARTMENT OF WAR 2027 BUDGET PROPOSAL

The 2027 DOW Budget Overview Book is now available at

https://comptroller.war.gov/Portals/45/Documents/defbudget/FY2027/FY2027_Budget_Request_Overview_Book.pdf

IMPORTANT – NEW BENEFEDS LOGON PROCEDURES

Military Retirees and Annuitants who have dental and vision insurance policies through the Office of Personnel Management will need to access their BENEFEDS account using logon.gov - Don't delay! Sign in to My BENEFEDS with Login.gov today. Complete information is available at https://www.benefeds.gov/changes?utm_source=Salesforce&utm_medium=email&utm_campaign=logindotgov&utm_content=BEN27569_text

AMERICA 250 CELEBRATIONS!

Celebrations will be conducted all over the U.S.A. Check with the Veterans Organizations and media to find celebrations near you. The Rochester/Monroe County celebration will take place at ESL Ballpark, One Morrie Silver Way, Rochester, NY 14608 on July 12th beginning at 5 p.m. Admission will be free and tickets are not required. There will be live music entertainment, fireworks, games and activities, local partners and vendors, delicious food and drinks, and fun for everyone. See the flyer on page 12. Check the website at www.America250Rochester.com for complete details on entertainment, activities, concessions and parking.

NEXT MILITARY RETIREE LUNCHEON

The next Military Retiree Luncheon will be on **Thursday, June 18, 2026** at the **Grand Super Buffet**, 1100 Jefferson Road, Rochester (Henrietta), NY 14623. Registration will begin at 11:15, with announcements beginning around 12:15. The price of the luncheon is still only \$16.00. **Please be sure to email MilitaryRetireeLuncheon@gmail.com to let us know if you will be attending.**

UPCOMING EVENTS

MAY 23, 2026 THRU NOV 6, 2027- BLUE ANGELS AIR SHOWS: The 2026 and 2027 schedules and information are available at <https://www.blueangels.navy.mil/show/>. The Blue Angels Show and Practice Schedules are subject to change without notice. The [National Naval Aviation Museum](#) at NAS Pensacola has a viewing area for visitors to watch the team practice. The team visits the museum to answer questions and sign autographs after most Wednesday practices.

MAY 23rd – HONOR FLIGHT ROCHESTER FUNDRAISER: DeWolf Brewery, 60 Maple Ave., Victor, NY 14564. Door Prizes & 50/50 Raffle

MAY 25TH – MEMORIAL DAY: Memorial Day parades and ceremonies will be held throughout the U.S.A. Check your local Veterans organizations, news media and official government websites to see what is happening in your area.

MAY 25TH – ROCHESTER MEMORIAL DAY PARADE: Steps off at 10:30 a.m. at East & Alexander, heads west on Main Street, and finishes at Main & Fitzhugh.

MAY 25th – CHILI AMERICAN LEGION COMMUNITY MEMORIAL DAY PICNIC: 1-5 p.m. 450 Scottsville Chili Rd, Scottsville, NY 14546. Bring your family, friends, and neighbors for an afternoon of food, community, and remembrance. All are welcome.

MAY 26 – DEC 8 - JOB HIRING FAIRS: *Hiring Our Heroes* Employment Workshops and Job Fairs, including spousal fairs and net-working functions, around the country, overseas, and virtually (online). Go to <https://www.uschamberfoundation.org/events/hiringfairs> to find a location near you. Dates and locations are subject to change, and additional dates will be posted, so refer to the website often for current information. Note: *Hiring Our Heroes* is now open to working-age military children.

MAY 30 – AUG 22 – ARMY RESERVE RETIREMENT SEMINARS: Virtual and in-person seminars are scheduled throughout 2026. They are designed to ensure Retired Soldiers, current Soldiers, and their families receive information and referrals on benefits and entitlements. Retired Soldiers awaiting retirement pay at age 60 are encouraged to attend. Seminars are scheduled throughout the U.S., its territories, and online, with additional seminars to be posted throughout the year. Find a retirement seminar near you at <https://soldierforlife.army.mil/Resources/Retirement-Events/USAR-Retirement-Planning-Seminars>

MAY 30th – VETERANS RESOURCE FAIR: 9 am – 1:30 p.m. Spencerport, NY. See flyer on page 9.

JUN 12th – VETERAN WOMEN'S COFFEE HOUSE: See flyer on page 11.

JUN 13th – ROLLING-4-VETERANS DICE RUN: Sponsored by the Warrior Brotherhood Motorcycle Club. See flyer on page 9 for detail, or go to <https://www.facebook.com/events/1281306490492578>

JUN 13th – 2V2 CALL OF DUTY TOURNAMENT: 1 - 6 pm, Lima American Legion Post 282, 2475 State Rt 65, West Bloomfield, NY, United States, 14469. Entry is free and open to everyone. \$1,000 in prizes. Full details at <https://www.facebook.com/AmericanLegionPost282LimaNY>

JUN 14th – FLAG DAY: Don't forget to fly your flag.

JUN 14th – U.S. ARMY BIRTHDAY: This date marks exactly 251 years since the establishment of the Continental Army in 1775.

JUN 18th – MILITARY RETIREE LUNCHEON: See bottom of page 1 for details.

JUN 19th – JUNETEENTH: A Federal Holiday commemorating the effective end of slavery in the U.S.

JUN 20th – 401st CIVIL AFFAIRS BN REUNION PICNIC: Webster, NY. See flyer on page 10.

JUN 21st – FATHERS DAY

JUN 26 – SEP 25 – RETIREE APPRECIATION DAYS (RAD): Retiree Appreciation Day (RAD) is a program that connects the retired community to resources for their benefits and entitlements. Content varies, but many include guest speakers, medical information, and ID card services. Schedules are subject to change, so check <https://soldierforlife.army.mil/Resources/Retirement-Events/Retiree-Appreciation-Days> for updates. **Note:** **The Fort Drum RAD will be on 26 Sep 2026.**

JUN 29th – AMERICAN LEGION GOLF TOURNAMENT: Canandaigua, NY. See flyer on page 11.

JUL 4th – INDEPENDENCE DAY: A Federal Holiday celebrating the 250th Anniversary of the signing of the Constitution. Check your local government official website for a schedule of events.

JUL 11th – SOLDIER FUND BENEFIT RIDE: Conesus Lake Sportsman Club, Lakeville, NY. Details at <https://www.facebook.com/fingerlakeschapter18>

(Continued on page 3)

JUL 12th – AMERICA 250 CELEBRATION: 5 p.m. ESL Ballpark, 1 Morrie Silver Way, Rochester, NY. See flyer on page 12.

JUL 13th – LEN BENEDICT MEMORIAL LEATHERNECK OPEN: The Links at Greystone, 1400 Atlantic Ave., Walworth, NY. Go to <https://www.mcccrochester.org/leatherneck-golf-open> for details.

AUG 1st – HEROES & HIDDEN HEROES - WEBSTER SUMMER MUSIC FESTIVAL: Webster, NY. General admission free to Veterans. Benefit for *One Soldier at a Time*. See flyer on page 13. More details <https://webstersummertimefestival.com>

AUG 2nd – AMERICAN LEGION ANNUAL CAR SHOW: 8 am to 12 Noon, 691 Trimmer Rd., Spencerport, NY 14559. Details at <https://www.facebook.com/events/1246303680804953>

AUG 8-9 – ROCHESTER INTERNATIONAL AIRSHOW: See the Air Force Thunderbirds. More information at <https://www.facebook.com/ROCAirshow> and <https://www.rocairshow.com>

AUG 16th – KNIGHTS OF COLUMBUS GOLF TOURNAMENT: Benefitting the Veterans Outreach Center. Salmon Creek Country Club, Spencerport, NY. See flyer on page 13.

RECURRING EVENTS CAN BE FOUND BEGINNING ON PAGE 14

MORE EVENTS AT <https://www.rocveterans.org/events> This website connects veterans and their families with events in the Finger Lakes area, including Livingston, Monroe, Ontario, Seneca, Wayne, and Yates counties. If your group is missing, send email details to rocveterans585@gmail.com

DATES TBA – YOUR FUNCTION: Have your military/veteran-related function listed here. Send complete information to MilitaryRetireeLuncheon@gmail.com no later than the 10th of the month. Please include a flyer if available, as well as a link to a website or Facebook page.

AMERICA'S MILITARY – CELEBRATING INDEPENDENCE!

This year we celebrate the Nation's 250th Birthday with the Anniversary of the signing of the Declaration of Independence. The War Department recognizes and celebrates Independence not just on July 4th, but throughout the year. There will be events taking place across the U.S. to celebrate America's 250th birthday. Select a location to see what events are planned in your city by going to <https://www.war.gov/Spotlights/Freedom250/>

STOP SURVIVORS' BENEFIT FRAUD

Survivors are often targeted by scammers who exploit their grief, patriotism, and access to government benefits. Scammers frequently use psychological manipulation and technology to deceive victims and employ tactics such as: Emotional Exploitation, Targeting Vulnerable Individuals, and Urgency and Pressure. Learn more about survivors benefits scams at <https://news.va.gov/146288/scams-target-surviving-family-members/>

MAXIMIZE YOUR VA BENEFITS

VetResources is a weekly newsletter for Veterans, their families, caregivers, and survivors. Subscribe to *VetResources* to receive this weekly newsletter for Veterans, their families, caregivers, and survivors. Go to <https://news.va.gov/vetresources> to subscribe and to check out the current and previous newsletters.

VA OPENS 35 HEALTH CARE FACILITIES SINCE 2025

Connect with Secretary Collins on X at <https://x.com/SecVetAffairs> to see where these facilities are located. Go to <https://www.va.gov/find-locations/> to find a VA location near you.

OPERATION PROTECT VETERANS

Scammers Are Using Artificial Intelligence (AI)

According to an AARP survey, Veterans are more likely to fall victim to scams than the population at large. In addition, the survey found that most military/veteran adults were targeted by scams directly related to their military service or the benefits they receive. Some scammers offer Veterans the opportunity to refinance Veterans Affairs (VA) loans at extremely low rates. Others will pose as government agencies in order to access personal information, or offer lump sum payments up front, in exchange for signing over all their future monthly benefit checks. There have even been instances where scammers have created fake charities that target Veterans or pretend to be old friends offering "sure thing" investments. **Don't be a victim!** Learn about 18 of the most common scams affecting Veterans at <https://www.uspis.gov/veterans>

DO YOU KNOW HOW TO SPOT AN AI SCAM?

Scammers Are Using Artificial Intelligence (AI)

Scammers are increasingly using AI to personalize their tricks and cons to make them appear even more real, legitimate, and believable. AI fakes are being used in many types of long-running scams, from romance to investment scams, cryptocurrency scams, and even scams claiming to be tech support. **Don't be a victim!** Go Click on <https://www.uspis.gov/ncpw-2026> to learn how to spot an AI scam, and eight things you need to do if you believe you are the victim of a scam.

VA ANNOUNCES NEARLY \$600M IN INFRASTRUCTURE IMPROVEMENTS IN SECOND QUARTER OF FY 2026

The Department of Veterans Affairs approved \$596 million in VA infrastructure improvements in the second quarter of fiscal year 2026, part of a record \$4.8 billion in non-recurring maintenance funds VA will deploy this year. The funds will be used by VA medical facilities for significant maintenance, replacements and upgrades needed to maintain and improve operational capability and healthcare delivery.

The list of second quarter projects can be found at <https://department.va.gov/wp-content/uploads/2026/05/VHA-NRM-Project-Awards-FY2026-Q2-508.pdf>

MILITARY RETIREE RESOURCES

Military retirees can find valuable service-specific resources at the following websites:

Army - <https://soldierforlife.army.mil/retirement/>

Army (Retirement Planning Guide) -

<https://soldierforlife.army.mil/Documents/2020%20US%20Army%20Retirement%20Planning%20Guide.pdf>

<https://soldierforlife.army.mil/retirement/>

Air Force - <https://www.retirees.af.mil/>

Navy - <https://www.mynavyhr.navy.mil/Career-Management/Retirement>

Marine Corps - <https://www.hqmc.marines.mil/Agencies/Manpower-Reserve-Affairs-MMSR-6/>

Coast Guard - <https://www.dcms.uscg.mil/Our-Organization/Assistant-Commandant-for-Human-Resources-CG-1/Pay-and-Personnel-Center-PPC/>

Fort Drum Retiree Newsletter *Mountain Honors* – Read the most recent issue at

https://home.army.mil/drum/8617/5215/9545/Summer_2025_FDRC_Digital_Newsletter_S.pdf

Veterans Resources Newsletter – Read the most recent issue at <https://www.va.gov/VetResources>

Veterans Benefits - <https://www.ebenefits.va.gov/ebenefits/homepage>

Federal Benefits for Veterans, Dependents & Survivors Handbook -

https://www.va.gov/opa/publications/benefits_book.asp

Military Records - <https://www.archives.gov/veterans/military-service-records>

Military forms and publications - <https://www.marines.mil/News/Publications>

DFAS Retiree Newsletter - <https://www.dfas.mil/RetiredMilitary/newsevents/newsletter/>

Army Echoes - <https://soldierforlife.army.mil/Army-Retirement/Post-Retirement/Army-Echoes-Newsletter>

Army Echoes Podcast - <https://soldierforlife.army.mil/Resources/SFL-Podcast>

RETIREMENT SERVICES OFFICES

Talk to a Retirement Services Officer. Whether you're **Regular Army, Army National Guard, or Army Reserve**, you have an assigned Retirement Services Officer (RSO). Find yours at the interactive RSO maps at: on the Army Retirement Services website at <https://soldierforlife.army.mil/About-Us/Contact-Your-RSO>

If you're a Veteran in crisis, or you're concerned about a Veteran who is, call the Veterans Crisis Line now to reach caring, qualified VA responders. Dial 988 then Press 1. Available 24 hours a day, 7 days a week.

PROTECTING YOUR IDENTITY IN A DIGITAL WORLD

Equifax provides some important information on how to protect your identity online. You can read the important suggestions and watch a free 3-minute video at <https://www.equifax.com/personal/education/identity-theft/articles/-/learn/protecting-digital-identity>

FAMILY CAREGIVER BENEFITS

Caregivers play an important role in supporting the health and wellness of Veterans. That is why we provide benefits to support family caregivers through the Program of Comprehensive Assistance for Family Caregivers (PCAFC). Find out if you're eligible and how to apply for the PCAFC at <https://www.va.gov/family-and-caregiver-benefits/health-and-disability/comprehensive-assistance-for-family-caregivers/>

RENEW MILITARY ID CARDS ONLINE

Uniformed Services ID cards may now be renewed online. See the on-line USID card renewal page at <https://www.cac.mil/Next-Generation-Uniformed-Services-ID-Card/Renewing-Online/> for complete information. This page provides details on how to renew your USID card online. Sponsors may request Uniformed Service ID (USID) Card renewal online, which, if approved, are mailed directly to the card recipient; no in-person appointments necessary. Click on the link above for details on how to renew your USID card online.

MILITARY ID CARD/DEERS - OFFICES OPEN BY APPOINTMENT ONLY

All locations: It is highly recommended that you make reservations through the RAPIDS Site Locator at <https://idco.dmdc.osd.mil/idco>

Rochester: Army Reserve Center, 49 Jetview Drive, Rochester, NY 14624, phone (910) 598-7773 or through the RAPIDS Site Locator or the Navy Reserve Support Center (NRSC), 439 Paul Road, Rochester, NY through the Rapids Site Locator only (no telephone reservations at the NRS).

Buffalo & Niagara Falls: You can obtain ID cards at the Connecticut Street Armory in Buffalo, NY by calling 716-888-5776 for an appointment. At Niagara Falls Air Reserve Station call the 914th Air Refueling Wing, at (716) 236-2197; or the 107th Attack Wing, NY Air National Guard, at (716) 236-2303. Go to <http://www.niagara.afrc.af.mil/Portals> for schedules and additional information.

Around the U.S.A. and the World: Find the nearest ID card office on the Rapids Site Locator at <https://idco.dmdc.osd.mil/idco>

VA COMMUNITY ENGAGEMENT & PARTNERSHIP COORDINATOR

Ashley Smith, LCSW, is the coordinator at the Finger Lakes VA (Canandaigua, NY). Her role is an extension of the VA's suicide prevention efforts. She takes a public health perspective to engage with all veterans in the community and their support systems. Ms. Smith works with a wide variety of organizations to provide any assistance they would find helpful to further their suicide prevention efforts. She can provide suicide prevention training, Veterans Crisis Line materials, and gun locks – all free of charge. Contact Ms. Smith at 585-364-9783, or email her at ashley.smith14@va.gov

FIND VA LOCATIONS AND HEALTH CARE SERVICES NEAR YOU

The VA has added 25 new locations since January 2025

Search for your nearest VA medical center and other health facilities (including approved Urgent Care facilities and pharmacies), benefit offices, cemeteries, community care providers and Vet Centers on line at https://www.va.gov/find-locations?utm_source=Newsletter&utm_medium=email&utm_campaign=VAntage??

DIRECTORY OF VETERANS SERVICE AGENCIES

Every county in New York State has a Veterans Service Office. Go to <https://www.ny.gov/counties> to find your county, and then navigate to the Veterans Agency or Veterans Service Agency. **For other states**, check your state and/or county website to see what is available locally.

MONROE COUNTY (NY) VETERANS SERVICE AGENCY OFFICES

The main VSA office is located at 125 Westfall Rd., Rochester, NY 14620, (585) 753-6040. The Greece satellite office is located in the Greece Ridge Mall, Inline Space F5, 271 Greece Ridge Center Dr., Rochester, NY, 14626, (585) 753-2802. The Penfield/Webster office is in BayTowne Plaza, Suite 645, 1900 Empire Blvd., Webster, NY 14580, (585) 753-2812. Go to <https://www.monroecounty.gov/vsa> for more information

APPLY FOR VA HEALTH CARE AT <https://www.va.gov/health-care/apply/application>

VA Health Connect nurses are available 24/7. Reach out any time you need instant, expert health advice.

RETIREE AND ANNUITANT PAY DATES

The following schedule shows the dates when you should expect to see the payment deposited into your account. For more information, go to <https://www.dfas.mil/retiredmilitary/manage/payschedule.html>

*VA education, compensation, pension, and survivor's benefits are paid on the same dates as retiree payment dates below.

| Entitlement Month | *Retiree Payment Dates | Annuitant Payment Dates |
|-------------------|------------------------|-------------------------|
| April 2026 | May 1, 2026 | May 1, 2026 |
| May 2026 | June 1, 2026 | June 1, 2026 |
| June 2026 | July 1, 2026 | July 1, 2026 |
| July 2026 | July 31, 2026 | August 3, 2026 |
| August 2026 | September 1, 2026 | September 1, 2026 |
| September 2026 | October 1, 2026 | October 1, 2026 |
| October 2026 | October 30, 2026 | November 2, 2026 |
| November 2026 | December 1, 2026 | December 1, 2026 |
| December 2026 | December 31, 2026 | January 4, 2027 |

RETIREMENT ACCOUNT LIMITS FOR 2026

401(k) limit is \$24,500 - IRA limit is \$7,500

Go to <https://www.irs.gov/newsroom/401k-limit-increases-to-24500-for-2026-ira-limit-increases-to-7500> for the full news release.

RETIREMENT & ANNUITANT PAY

Everything you need to know about retirement pay and annuitant (survivors) pay can be found at <https://www.dfas.mil/RetiredMilitary/>

YOUR MYPAY ACCOUNT:

If you need to create a *myPay* account, or if you have problems remembering your account login ID or password, customer service is available Mon-Fri, 8 am to 5 pm ET. Call 1-800-321-1080, option 6. Go to [myPay Web Site \(dfas.mil\)](https://www.dfas.mil/RetiredMilitary/Quick-Tools-for-Retirees-SBP-Annuitants-Survivors) for 24-hour service.

MANAGING RETIRED OR SBP PAY ACCOUNT - CHANGES TO DFAS

Click on <https://www.dfas.mil/RetiredMilitary/Quick-Tools-for-Retirees-SBP-Annuitants-Survivors> to see the improvements to DFAS that will help you manage your retired pay or SBP pay.

DFAS RETIREE NEWSLETTER

The March 2026 issue of the quarterly Retiree Newsletter is now available online at <https://www.dfas.mil/RetiredMilitary/newsevents/newsletter/> This issue contains a lot of important information for all military retirees.

SHARE YOUR STORY AND LEGACY

Veterans can now share their story through the Veterans Legacy Memorial's "[Living Veterans](#)" feature. Add images, personal tributes, milestones, and historical documents. After your passing, your page will be published on the nation's largest online memorial dedicated to honoring America's Veterans. To access the "Living Veterans" page, start by submitting a [VA pre-need burial eligibility application](#) online. Once approved, you will receive an email to set up your personal VLM page.

Watch a short video at <https://www.youtube.com/watch?v=8fzPhgALh1I> to learn more about creating your personal legacy. Future generations of your family will be grateful that you did.

Live Music, Food, Family Fun, And A Fireworks Finale All on One Unforgettable Summer Night!
www.America250Rochester.com

Shop The Exchange at <https://www.shopmyexchange.com/> - Tax Free Quality Products

IMPORTANT PHONE NUMBERS & WEBSITES FOR RETIREEES' FAMILIES AND SURVIVORS

THE SURVIVORS OUTREACH SERVICES OFFICE (SOS): Learn about what the SOS can do to assist survivors at <https://www.usar.army.mil/ARFP/SOS/> Locate your nearest SOS coordinator at https://dcsq9.army.mil/sos_staff_Locator

TO REPORT THE DEATH OF A MILITARY RETIREE: Call DFAS at 1-800-321-1080. When you call, be prepared to provide the retiree's name, social security number and date of death. It is important to report the death as soon as possible to preclude overpayments. Go to [March2024 Prepare Your Loved Ones \(dfas.mil\)](https://www.dfas.mil/march2024/prepare-your-loved-ones) for more information regarding overpayments.

VA: 1-800-827-1000 <http://www.va.gov>

Social Security: 1-800-772-1213 <http://www.ssa.gov>

Update ID cards: 1-800-538-9552; <https://idco.dmdc.osd.mil/idco/>

Nearest Retirement Services Office: <https://soldierforlife.army.mil/retirement/rso> 99th Readiness Division JB McGuire-Dix-Lakehurst, New Jersey (609) 562-1696/7055/7425/1688 RSO email: Army99RSO@mail.mil services the following states: CT, DE, MA, MD, ME, NH, NJ, NY, PA, RI, VA, VT, and 7th MSC (Europe).

RETIRED SOLDIER CASUALTY ASSISTANCE CHECKLIST

(Fill it out now and keep it in a safe place where your loved ones can find it):

https://soldierforlife.army.mil/Documents/static/Post/Retired_Soldier_Casualty_Assistance_Checklist.pdf

MILITARY FUNERAL HONORS

At a family's request, every eligible veteran will receive military funeral honors, to include the presence of a military funeral honors detail that will oversee folding and presenting the U.S. flag and playing "Taps". **Your funeral director is responsible for making the necessary arrangements.** Go to https://iris.custhelp.va.gov/app/answers/detail/a_id/183/~how-do-i-arrange-for-military-funeral-honors%3F for details. The funeral director who handles the veteran's service will request the honors. You will need to provide the veteran's discharge papers to verify eligibility. If you need a copy, either you or the funeral director must submit an **emergency request** for military records to the National Archives at <https://download.militaryonesource.mil/12038/MOS/Misc%20Files/mos-mfh-nara-form.pdf>

PLAN TODAY, HONOR FOREVER

A nationwide campaign designed to help you understand your options and plan ahead.

All the Resources You Need in One Place

Too many Veterans and families miss out on VA burial and memorial benefits simply because they don't know they're eligible. Whether you choose burial in a private cemetery or a VA national cemetery, these benefits are a meaningful part of end-of-life planning.

With **Plan Today, Honor Forever** you can:

- Learn what burial and memorial benefits you may be eligible for;
- Share important information with your family or caregivers;
- Check your eligibility for burial in a VA national cemetery; and
- Understand how VA burial allowances may help cover costs

Visit www.cem.va.gov/veterans-and-families to explore your benefits.

SURVIVORS AND BURIAL BENEFITS KIT

Help Your Loved Ones to be Prepared

The kit includes a guide through possible end-of-life and survivors' benefits eligibility and makes it easy to keep your personal information all in one place for you and your loved ones. The Kit gives a description of each burial benefit, instructions on how to apply, and where to go to get assistance.

Download the kit at <https://www.benefits.va.gov/BENEFITS/docs/VASurvivorsKit.pdf>

HOW TO WRITE AN OBITUARY

Writing an obituary is a meaningful way to honor a loved one's life, but it can feel overwhelming. This guide is designed to simplify the process, helping you craft a respectful tribute that both shares essential information and celebrates their unique story. You'll learn how to achieve these two goals with clarity and care, whether you choose to write it yourself or use Legacy.com's helpful ObitWriter tools. Go to Legacy's website at <https://www.legacy.com/memorial-writing/how-to-write-an-obituary> for a step-by-step guide.

USEFUL INTERNET LINKS

198th Army Band Facebook Page: <https://www.facebook.com/198thArmyBand/?fref=ts>
391st Regimental Officers Association: <https://www.facebook.com/391st-Regimental-Officer-Association-501827566885313>
98th Division Alumni Facebook Page: <https://www.facebook.com/98th-Division-Alumni-924978704255065>
AAFES Homepage: <https://www.shopmyexchange.com>
Access to Members of Congress: <https://www.congress.gov/members>
Air Force Retiree Newsletter *the Afterburner*: <https://www.retirees.af.mil>
Airman, Official Magazine of the U.S. Air Force <https://www.airmanmagazine.af.mil/Issues/Future-Airlift/>
All Hands, the official magazine of the U.S. Navy - <https://allhands.navy.mil/>
American Legion (Monroe County, NY) - <http://www.monroecountyal.org>
Armed Forces Vacation Club: <http://www.afvclub.com>
Army Bands: <https://www.bands.army.mil>
Army Reserve Family Programs: <http://www.arfp.org/skins/ARFP/home.aspx?mode=user>
Cell Phones for Soldiers: <http://www.cellphonesforsoldiers.com>
Commissary Locator: http://www.commissaries.com/store_locator.cfm
Compeer Corps – Vets Driving Vets: <https://www.compeerrochester.org/compeercorps>
Dogs on Deployment: <http://dogsondeployment.org>
DFAS: <http://www.dfas.mil>
DRAGONMAN Museum: <https://dragonmans.com/museum-videos>
Exchange (PX) Homepage: <https://www.shopmyexchange.com>
Federal Benefits for Vets, Dependents and Survivors: https://www.va.gov/opa/publications/benefits_book.asp
Federal Job Search: <http://www.fedjobs.com/index.html?id=68kWqxhF>
Fort Drum Home Page : <https://home.army.mil/drum/index.php>
Fort Drum Retirement Services : <https://home.army.mil/drum/index.php/about/Garrison/directorate-human-resources/MPD/retirement-services-office-rso>
Fort Drum Telephone Directory: <https://home.army.mil/drum/contact/phone-directory>
Genesee Valley Chapter, Military Officers Association of America: <http://gvcmooa.org>
Help Base Greater Rochester: <https://www.facebook.com/Hbrochester>
Honor Flight Rochester: <http://honorflightrochester.org>
Identity Theft (Federal Trade Commission): <http://www.ftc.gov/bcp/edu/microsites/idtheft>
Iraq and Afghanistan Veterans of America: <http://www.IAVA.Org>
Job Fairs: <https://www.uschamberfoundation.org/events/hiringfairs>
Military Forms and Publications: <http://www.marines.mil/News/Publications>
Military History Society of Rochester Museum: <https://www.rochestermilitary.com>
Military Lodging: <http://www.dodlodging.net>
Military Officers Association of America (MOAA): <http://www.moaa.org>
Military Retiree Appreciation Days (RAD): <https://soldierforlife.army.mil/retirement>
myPay: <https://mypay.dfas.mil/mypay.aspx>
National Museum of the United States Army: <https://www.thenmusa.org>
National Parks & Federal Recreation Lands Passes: <http://store.usgs.gov/pass/index.html>
National Resource Directory: <https://www.nationalresourcedirectory.gov>
National Suicide Prevention Lifeline: <http://www.suicidepreventionlifeline.org>
New York State Real Property Tax Exemptions: <https://www.tax.ny.gov/pit/property/exemption/index.htm>
Niagara Falls Air Reserve Station: <https://www.niagara.afrc.af.mil>
Niagara Falls Air Reserve Station Retiree Office: <https://www.niagara.afrc.af.mil/Units/Retirees.aspx>
Pets for Vets: <https://www.petsforvets.com>
Project New Hope: <http://projectnewhope.net>
Red Cross (Rochester, NY): <http://www.redcross.org/ny/rochester>
Reserve Officers Association: <http://www.roa.org/site/PageServer>
Rochester NY Veterans: <https://www.facebook.com/groups/1426709074303176>
ROC Veterans: <https://www.rocveterans.org/events>
Scam Detector: <http://scam-detector.com>
Social Security Administration: <http://www.socialsecurity.gov>
TRICARE: <http://www.tricare.mil>
U.S. Militaria Forum: <http://www.usmilitariaforum.com>
Valor Radio: <http://www.valor-radio.com> and <https://www.facebook.com/ValorRadio>
VA Benefits: <https://www.ebenefits.va.gov/ebenefits/homepage>
VA Vet Centers: <http://www.vetcenter.va.gov>
Veterans Administration (VA): <http://www.va.gov>
Veterans Crisis Line: <https://www.veteranscrisisline.net/get-help/hotline>
Veterans Organizations and Events: <https://www.rocveterans.org/events>
Veterans Outreach Center: <https://veteransoutreachcenter.org>
Veterans Ticket Foundation: <http://www.vettix.org/>
Veteran's Service Records (DD214/SF180): <https://www.archives.gov/veterans/military-service-records>
Virtual Wall Vietnam Veterans Memorial: <http://www.virtualwall.org/index.html>
WNYHeroes: <https://www.wnyheroes.org>

DO YOU HAVE A USEFUL INTERNET LINK TO ADD? Please send useful links, as well as issues encountered with any of these links, to timstreb1@gmail.com

Check out the Stars and Stripes Flag Store E-Newsletter at <http://eflagstore.com>



WARRIOR BROTHERHOOD MC

ROLLING 4 VETERANS

DICE RUN 2026
WARRIOR BROTHERHOOD MOTORCYCLE CLUB

SATURDAY, JUNE 13, 2026

REGISTRATION:
 ♦ 9:00 AM

DONATION:
 ♦ \$25 DRIVER
 ♦ \$15 PASSENGER

KSU: 11:00 AM

START & STOP:
 AVON AMERICAN LEGION POST 294
 5480 AVON EAST AVON ROAD
 EAST AVON, NY 14414

◆ **FOOD • RAFFLES • SWAG •**

ALL PROCEEDS SUPPORT THE MISSION OF THE WARRIOR BROTHERHOOD MOTORCYCLE CLUB.  @WBMCNY

FACEBOOK: @WBMCNY

Veterans Resource FAIR

ABOUT THIS EVENT

Join us for a community resource fair connecting Veterans with services, programs, and valuable information to help you and your family thrive.

EVENT HIGHLIGHTS

Bring your original DD214 to file with the Monroe County Clerk

Meet with numerous Veteran organizations

**SATURDAY
MAY 30TH**

9:00 AM - 1:30 PM

OGDEN FARMERS LIBRARY
 269 OGDEN CENTER RD, SPENCERPORT



FOR MORE INFORMATION:
 ROCVETERANS585@GMAIL.COM



Retired Pay

Have you applied for your Reserve retired pay?

Here's how:

Don't wait! Apply for your Reserve retired pay up to 9 months prior to your eligibility date. Use this QR code to start your application right from your phone! (Email address required)

<https://www.dfas.mil/RetiredMilitary/apply/how-to-apply/> or
<https://www.usar.army.mil/Retirement/PayApplication/>



20 JUNE 2026

1300-1700 HRS

401st Civil Affairs Battalion Reunion Picnic

FWW Post 8495 at 300 Macedon Center Road
Fairport, NY 14450

Families Welcome

Games, Door prizes, Raffles, Gift Baskets

401st Swag

Donations Appreciated

Each of us has a list of 401sters. Please reach out to them!

Hamburgers, Hotdogs, Chicken, Salad

Please bring a dish to pass

Please bring your favorite non-alcoholic beverage

Alcohol may be purchased inside the Post Bar

Door is open to all members – Especially YOU!

Please RSVP by 10 JUN (Call, Text, or e-mail)

Steve: 585-944-2236 majormac2002@gmail.com.

Heather: 585-478-4611 mcalpinheather@gmail.com.

Or Facebook: 401st CA BN Alumni Page




**Monroe County
American Legion
Honor Guard**

Contact us for a service request or if
interested in joining our group

Commander (585) 649-7407


Vice Commander (585) 481-6779

Honorsservice@aol.com




**MILITARY HISTORY SOCIETY
OF ROCHESTER**
250 N. Goodman St.
2nd Floor
Rochester, NY 14607
585/730-4041
*Chuck Baylis
Executive Director*

A Historical Society chartered by the Board of Regents of the State of New York
A Federal 501(C)3 organization.
*Hours - Thurs, Fri, Sat - Noon—4
First Friday of each Month - Noon—10*
Website: rochesterarmilitary.com
Email: acwartillery@rochester.rr.com
Preserving our community's military heritage
from the War of 1812 to the present.



**2026
Veteran Women's Coffee House**

hosted by the Blue Star Mothers NY8



Gates Town Hall – Annex Room
1605 Buffalo Rd.
Rochester, NY 14624
Time: 5:30 PM – 8:30 PM


*A welcoming, casual gathering for **women veterans only** to connect, relax, and build community.*

*Enjoy a **free** light supper and refreshments in a safe, supportive, alcohol- and drug-free environment.*

📞 **RSVP / MORE INFORMATION**
Dory or Nancy – Co-Chairs, Women's Vet Coffee House
Phone: (585) 210-9881
Email: BlueStarMothersROC@gmail.com

2026 COFFEE HOUSE DATE

| | |
|---------------|------------------|
| • April 10th | • September 18th |
| • May 8th | • October 9th |
| • June 12th | • November 13th |
| • July 10th | • December 11th |
| • August 14th | |



CANANDAIGUA AMERICAN LEGION POST 256



MONDAY, JUNE 29, 2026
CENTERPOINTE GOLF CLUB
REGISTRATION 9:00 / SHOTGUN START 10:00 AM
2231 BRICKYARD RD, CANANDAIGUA, NY 14424
LUNCH INCLUDED AT THE TURN
FREE CHICKEN BBQ AT THE LEGION AFTER

GOLF
FORE
VETERANS

FORMAT
SCRAMBLE
TWO-PUTT MAX RULE

CONTESTS
LONG DRIVE
CLOSEST TO THE PIN
RAFFLES
50/50

COST
\$400 PER FOURSOME
FOR MORE INFORMATION ON
TOURNAMENT COSTS AND
SPONSORSHIPS,
REGISTER AT ALNY256.COM
QUESTIONS, CONTACT:
POST256@ALNY256.COM
MATT: 585-747-5714



ROC
A.P. PROPERTY SERVICES
**ROCHESTER
INTL AIRSHOW**
**AUG 8 & 9
2026**
**F-35B
LIGHTNING II**

Shop The Exchange at <https://www.shopmyexchange.com/> - Tax Free Quality Products
Free Shipping with Military Star and on all orders over \$49.00
Who is eligible to shop at The Exchange: <https://www.aafes.com/exchange-stores/patrons.htm>
AAFES officially rebranded its commercial name to "**The Exchange**" on 17 Sep 2010.

Save the Date!

★ ★ ★

America 250
Celebration

ROCHESTER & MONROE COUNTY

SUNDAY JULY 12
5PM

FREE
to attend!

- LIVE MUSIC ENTERTAINMENT**
- FIREWORKS DISPLAY**
- GAMES & ACTIVITIES**
- LOCAL PARTNERS & VENDORS**
- DELICIOUS FOOD & DRINKS**
- FUN FOR EVERYONE!**

at

ESL Ballpark

america250rochester.com

PRESENTED BY

ADAM J. BELLO
COUNTY EXECUTIVE

COUNTY OF MONROE
COMIDA
INDUSTRIAL DEVELOPMENT AGENCY

VISIT
ROCHESTER
NEW YORK

Knights of Columbus



Fourth Degree
Rochester Assemblies

Charity Golf Tournament

Sunday August 16, 2026

Benefitting



Registration deadline for
tournament is August 6th.

Salmon Creek Country Club
355 Washington Street
Spencerport, NY 14559



Automatic entry:
\$10,000 Hole In One contest

Opportunity after Opportunity
for prizes and Awards

The Knights of Columbus
Thank You for your support

Interested? Contact:
Lee Arbegast 585-349-0455



HEROES & HIDDEN HEROES

8th Annual
Webster Summer
Music Festival



August 1, 2026 at 3:00-10:00 PM

Webster Fireman's Field
1193-1207 Ridge Road Webster, NY 14580

LIVE Entertainment

3:00 PM: 47 South
4:45 PM: Military Tribute
5:30 PM: Junkyard Field Trip
8:00 PM: Hotel California

TICKET PRICES

General Admission
\$25
VIP Admission
\$50

General Admission FREE to all Veterans
VIP Tickets Only \$25 for Veterans



BEVERAGES



FOOD TRUCKS



LIVE RAFFLE

RECURRING EVENTS

(Note: All events were current as the time of this writing. We are not responsible for any schedule changes or cancellations. Please notify us at militaryretireeluncheon@gmail.com of any updates so we can keep the list of events current.)

SUNDAYS:

Every Second Sunday: **Breakfast**, 8 am.- Noon. American Legion Post 330, 691 Trimmer Road, Spencerport, NY 14559. Go to <https://www.fgpost330.org/site/eventscalendar.php> for more information. (open to the public)

Every Sunday: **Breakfast** 8-11 am. Rotates at different Livingston County American Legion Posts:

First Sunday - Avon Post 294, 5480 Avon E Avon Rd, Avon, NY 14414

Second Sunday - Lima Post 282, 2475 State Route 65, West Bloomfield, NY 14469

Third Sunday - Honeoye-Hemlock Post 1278, 4931 County Road 36, Honeoye, NY 14471

Fourth Sunday - Conesus Post 1779, 6317 Marshall Rd., Conesus, NY 14435

MONDAYS:

Every Monday: **Meditation Mondays** Experience the benefits of Neurodynamic Breathwork – Anxiety/Depression Relief, Trauma Relief, Increased Feeling in Your Body, Improved Romantic Relationships. For hours and more information, contact Jeff Klein at jeff.klein@vocroc.org or 585-295-7804.

First Monday: **Military Monday Dinner** Open at 5 pm. Veterans and one guest – Dinner, dessert, and non-alcoholic beverage provided. Hamlin VFW Post 6703, 1739 Lake Rd. N., Hamlin, NY 14464. Call (585) 964-2005 for information.

First Monday: **Women's Game & Craft Club** 2-4:30 pm. Offering support in working towards a deeper level of self-awareness and self-discovery in the company of other women. For more information, contact Annmarie Olson, annmarie.olson@vocroc.org or 585-295-7803.

First and Third Monday: **Salon Service, Sandy-Stylist**, 9 am – noon. Contact Jeff Klein at jeff.klein@vocroc.org or 585-295-7804 for to make an appointment.

TUESDAYS:

Every Tuesday: **Veterans Breakfast** 8-10 a.m. Rayson-Miller 899, 211 N. Main St., Pittsford, NY 14534. Open to all military veterans – free – RSVP not required – post membership not required. All veterans, any age, any length of service.

Every Tuesday: **Computer Basics** 9 am - Noon. Veterans Outreach Center, 447 South Ave., Rochester, NY 14620. Learn more about computer basic, email, job application assistance, resume management, printing, the Internet, MS-Office (Excel, Word, Powerpoint) and more. Appointment required – contact John Luce, 585-295-7832.

Second and Fourth Tuesday: **Salon Service, Arash-Master Barber**. 10 am – 1 pm. Contact Jeff Klein at jeff.klein@vocroc.org or 585-295-7804 for to make an appointment.

Second and Fourth Tuesday: **Veterans Cancer Support Group**. 5:30 - 7:00 pm, Gilda's Club Rochester, 255 Alexander St., Rochester, NY 14607. Register at <https://cscro.gnosishosting.net/Events> or call 585-423-9700, ext. 304.

Last Tuesday of the month: **Base Camp Outdoor Open Group** 10 am - 1 pm. For information and location contact Jeff Klein (585) 295-7804 or Jeff.Klein@vocroc.org

Last Tuesday of the month: **Journaling** 3:30pm. Location changes each month, as does the prompt being worked on for journal entries. RSVP to Liz at emedina@compeerrochester.org.

WEDNESDAYS:

First Wednesday: **Buffet Luncheon** 11 am – 1 pm. Wayne Masonic Lodge, 1932 Ridge Rd., Ontario, NY Free to all veterans and first responders.

First Wednesday: **Wednesday Warrior Dinner**. Free for Livingston and Monroe County Veterans. 6-8 pm. Location varies each month. Go to <https://www.livcovets.com/event-details/warrior-wednesday-dinner-26> for details and to request a seat.

(Continued on next page)

WEDNESDAYS: (Continued from previous page)

First Wednesday: **Bingo** 1 pm. Compeer Rochester, 259 Monroe Ave., Rochester 14607. Parking and entrance in the back of the building. RSVP to emedina@compeerrochester.org

First Wednesday: **Male Veterans Group Luncheon** 3:30 pm. Golden Corral, 450 Jefferson Rd., Rochester NY 14623. Enjoy a meal with other Veterans and meet representatives from other organizations. Must RSVP to Rob at ryoung@compeerrochester.org to reserve a seat.

First and Third Wednesday: **Trivia Night**, kitchen opens at 5 pm. American Legion Post 256, 454 N. Main St., Canandaigua, NY 14424. Enjoy a fun-filled night of trivia questions, food and beverages. Open to the public. Win a round, win a prize. \$100 cash final prize. 50/50 Raffle.

Second and Third Wednesday: **Art Therapy**, 10 am - 8 pm. For Veterans and First Responders. (by donation). For more information contact The Bread Box Art Studio, 4081 Ridge Rd., Williamson, NY 14589, 315-589-0046.

Second Wednesday: **Veterans Luncheon**, 11:30 am. Mertensia Lodge, 1394 Mertensia Road, Farmington, NY 14425. Hosted by AMVETS Post 332. All local veterans and significant others are invited. Contact Ed Hemminger 585-261-4502 or edhemminger@gmail.com for more information.

Second Wednesday: **Veteran +1 Guest Painting Activity**, 11:30 am. At Painting With A Twist, 1100 Jefferson Rd. Rochester NY 14623. RSVP to Liz at emedina@compeerrochester.org

Second Wednesday: **Free legal consultation** 9:30-10:30 am. Veterans Outreach Center, 447 South Ave., Rochester, NY 14620. "Lawyers for a Day" helps Veterans with civil legal issues, e.g. divorce situation, bankruptcy, credit issues, completing a will, or a health care proxy, etc. Go to <https://veteransoutreachcenter.org/legal-counseling> for details or for more information, contact Mark McCloskey at 585-295-7836 or MarkMcCloskey@vpcrpvc.org

Every Wednesday: **Flow Yoga** at VOC, 11 am – Noon. VOC Fitness Center, 447 South Ave., Rochester, NY 14620

Every Wednesday: **Bushcraft Workshops** 10 am – Noon. 3247 Rush-Mendon Road, Honeoye Falls, NY 14472. Learn outdoor skills at the farm. Enjoy brunch around a fire. Each week features hand-on topics like fire building, shelter making, and cooking, all led by wilderness experts and fellow veterans. RSVP to Elizabeth Brooks 585-369-8682 or ElizabethBrooks@monroecounty.gov.

Every Wednesday: **Soup & Sandwich** Lunch 11:30 am – 1 pm. American Legion Post 294, 5480 Avon-East Avon Rd., Avon, NY 14414. Free for veterans, \$5 for supporters. Proceeds to benefit veterans in need.

Every Wednesday: **Bingo**, doors open at 6:15 pm. Perinton VFW Memorial Post 8495, 300 Macedon Center Rd., Fairport, NY 14450. Lots of fun and amazing prizes.

THURSDAYS:

Every Thursday: **Disabled Veterans Outreach Program** 9 am – 4 pm. Veterans Outreach Center, 447 South Ave., Rochester, NY 14620. Meet with outreach program specialists from the New York State Dept. of Labor. Learn about employment service specifically for veterans. Get help with job referrals, resumes, training programs and more. Contact Nena Siverd, 585-295-7818.

Every Thursday: **Hiking Group**, 9 a.m. – 12:30 pm. Meet at VOC, 447 South Ave., Rochester, NY 14620. Contact Jeff Klein (585) 295-7804 or Jeff.Klein@vocroc.org

Every Thursday: **Bowling**, Noon – 2:30. ABC Gates Bowl, 645 Spencerport Rd., Gates, NY 14606. Friendship, support, camaraderie. RSVP to Rob at ryoung@compeerrochester.org Note: outside food and beverages are not allowed; a few vending machines are available.

Every Thursday: **Art Therapy**, 6 pm. VOC, 447 South Ave., Rochester, NY 14620. Contact Jeff Klein (585) 295-7804 or Jeff.Klein@vocroc.org

Every First and Third Thursday: **Reboot & Restore Wellness**, 3-4 pm. VOC, 447 South Ave., Rochester, NY 14620. Contact Mark McCloskey at 585-295-7836 or MarkMcCloskey@vpcrpvc.org for more information on learning about the *8 Domains of Wellness*: Physical, Emotional, Social, Intellectual, Spiritual, Occupational, Environmental, and Financial.

(Continued on next page)

THURSDAYS: (Continued from previous page)

Every First and Third Thursday: **Reboot & Restore Wellness**, 3-4 pm. VOC, 447 South Ave., Rochester, NY 14620. Contact Mark McCloskey at 585-295-7836 or MarkMcCloskey@vpcrpvc.org for more information on learning about the *8 Domains of Wellness*: Physical, Emotional, Social, Intellectual, Spiritual, Occupational, Environmental, and Financial.

Every Second Thursday: **Trivia Night**, 7 pm. American Legion Post 954, 6444 Buffalo Rd., Churchville, NY 14428. Details at <https://www.harveycnoonepost954.org/>

Every Second Thursday: **Women Veteran Connections Group**, Canandaigua Pavilion-VA Courtyard, 3-5 p.m. Create connections to other women veterans; explore connections to your personal purpose; connect with VA and local resources. Contact Kristy Prine (585) 393-7621 or Kristy.prine@va.gov or Kay Rathke (585) 364-9276 or Kayrathke@va.com

Every Third Thursday: **Female Veteran Coffee Group**, 3 – 4:30 pm. Boulder Coffee, 100 Alexander St., Rochester, NY. Contact Annmarie Olson (585) 295-7803 or annmarieoldon@vocroc.org

FRIDAYS & SATURDAYS:

Every Friday: **Job Workshops**, 9 am to Noon. Resume editing, job searching, career counseling, developing new skills, etc. from *Rochester Works*. VOC, 447 South Ave., Rochester, NY 14620. Appointment is required. Contact Nina Siverd, 585-295-7818.

Every First and Third Friday: **Art Group**, 1-3 pm. VOC Morale Center, 447 South Ave., Rochester, NY 14620. A chance for veterans to work on the art that matters to them, no matter what the medium. Contact Jeff Klein (585) 295-7804 or Jeff.Klein@vocroc.org

Every Second & Fourth Friday: **Music Group**, 1-3 pm. VOC, 447 South Ave., Rochester, NY 14620. Contact Jeff Klein (585) 295-7804 or Jeff.Klein@vocroc.org

Every Second Friday: Beginning April 10, 2026 - **Veteran Women's Coffee House**, 5:30 – 8:30 pm. Gates Town Hall, Annex Room, 1605 Buffalo Rd., Rochester, NY 14624 To confirm/RSVP or for additional information contact Dory or Nancy, Co-Chairs of Women's Vet Coffee House at (585) 210-9881 or email: BlueStarMothersROC@gmail.com

Every Third Friday: **VA Connection Cafe**, 8:30-10:30 am. Rochester Calkins VA Clinic, 260 Calkins Rd., Rochester, NY 14623, in the Susan B. Anthony Conference Room. Connect with other local Veterans, build VA connections, and learn about available resources. Open to all Veterans enrolled in VA Finger Lakes Healthcare. RSVP is NOT required. Gillian Olson, 585-463-2608.

Last Friday: **Female Veteran Dinner** 5:30. Salvatore's Saloon, 352 Jefferson Rd., Rochester, NY 14623. Connecting through camaraderie. Enjoy a meal with fellow Veterans and meet representatives from other organizations. Seating is limited. A CompeerCorps activity. Must RSVP to emedina@compeerrochester.org

Every Second Saturday. **PTSD Support Group**, 10:30 am – Noon. Goodwill Community Space, 4119 Lakeville Rd., Geneseo, NY 14454. Contact bthrasher@mharochester.org or 585-333-6013.

Every Third Saturday. **Boater Safety Certificate Course**. 9 am – 5 pm. \$35 per adult, \$20 for anyone under 18 and Seniors - **free for Veterans and Active Duty**. Ewing Community Center of the Salvation Army, 124 Saltonstall St., Canandaigua, NY 14424. Go to www.abs47.org for more information and to register for this mandatory course.

For More Events, Resources & Information: rocveterans.org

